

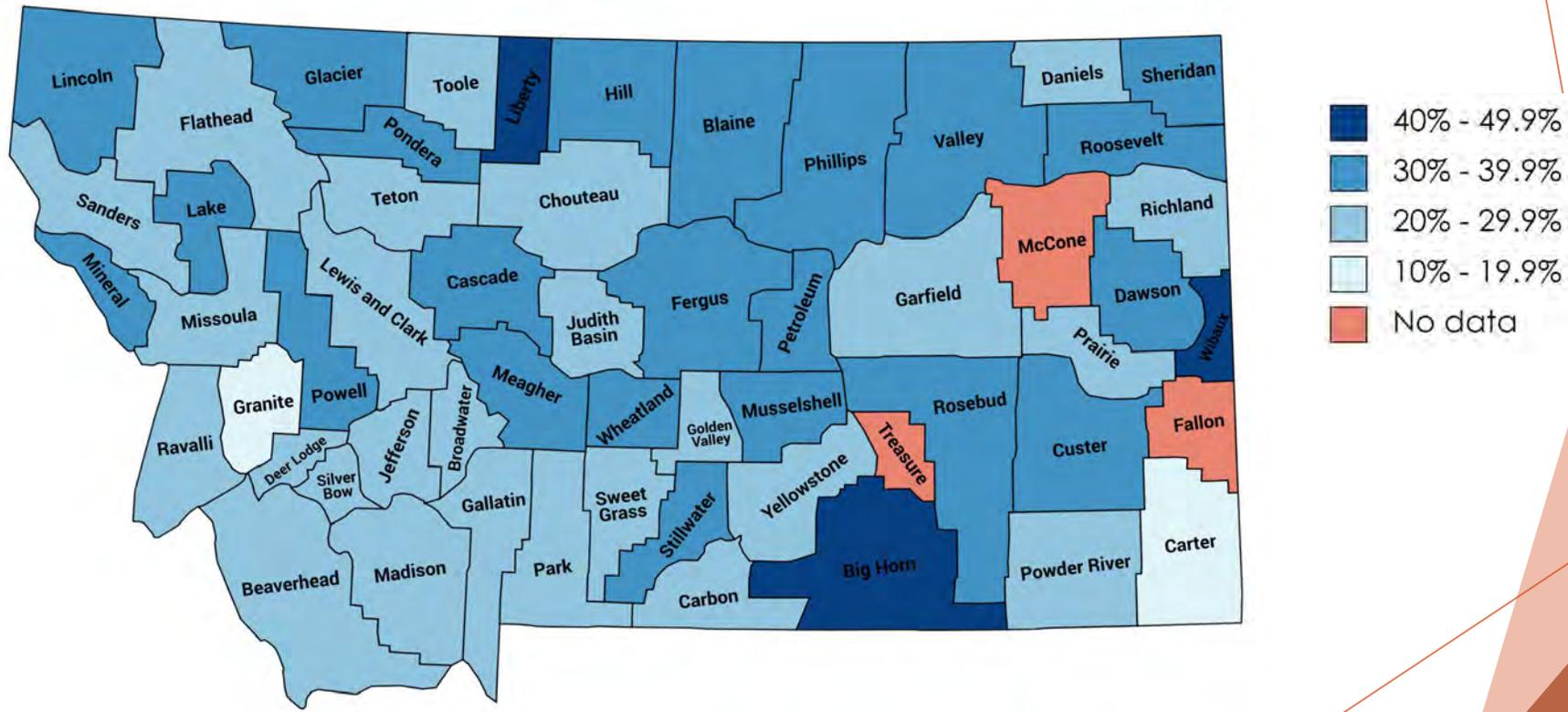


Nutrition and Dietary Behavior Maps

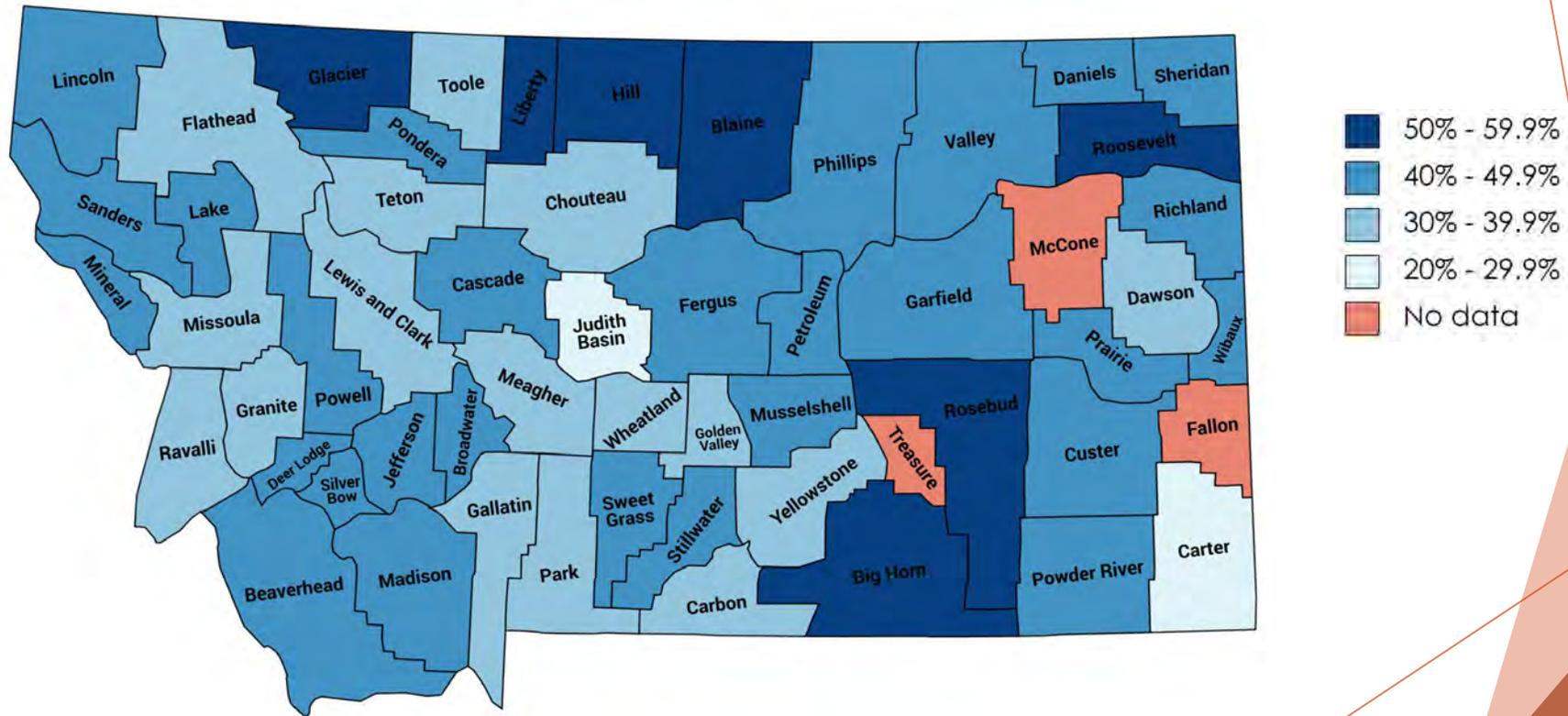
2021 Montana Youth Risk Behavior Survey County-Level Data



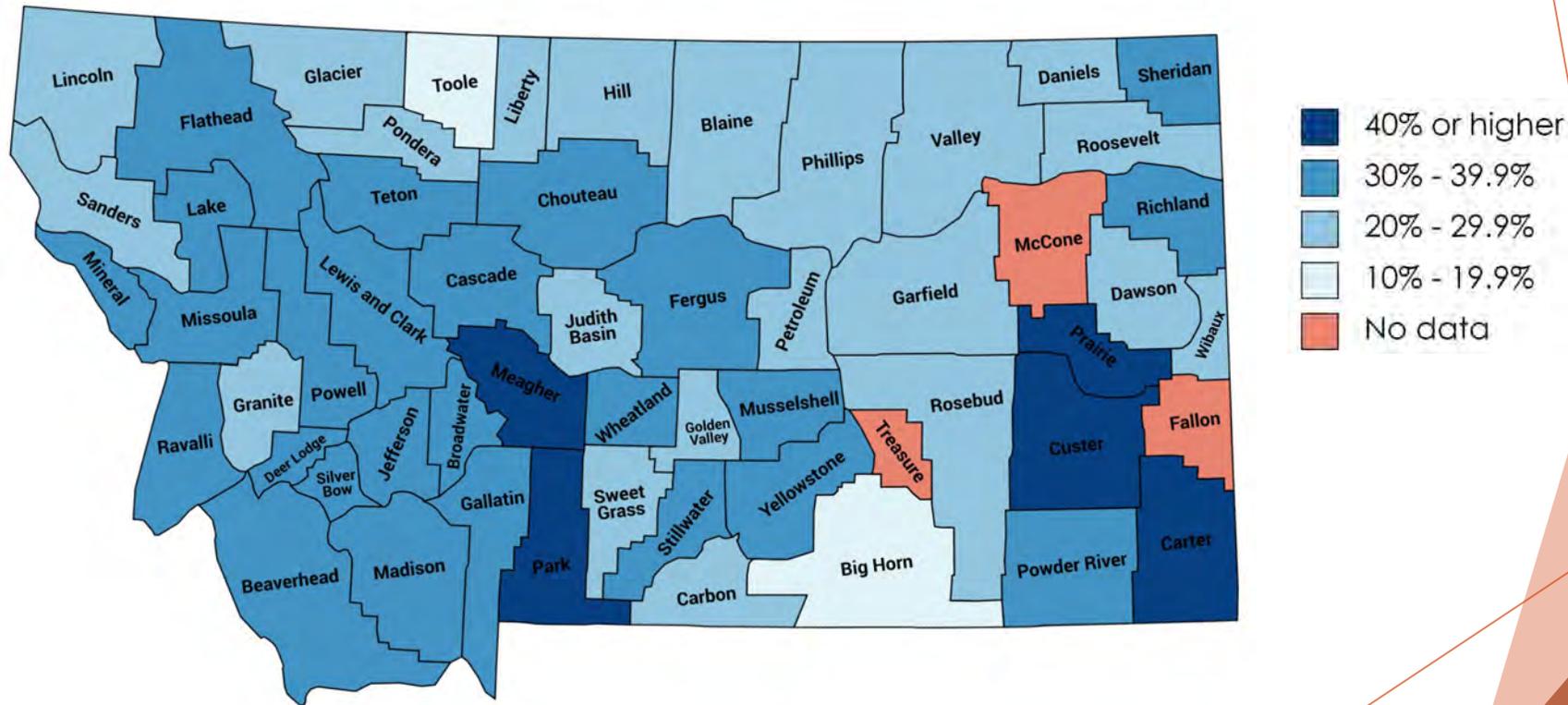
Percentage of Montana High School students. . . Described themselves as slightly or very overweight



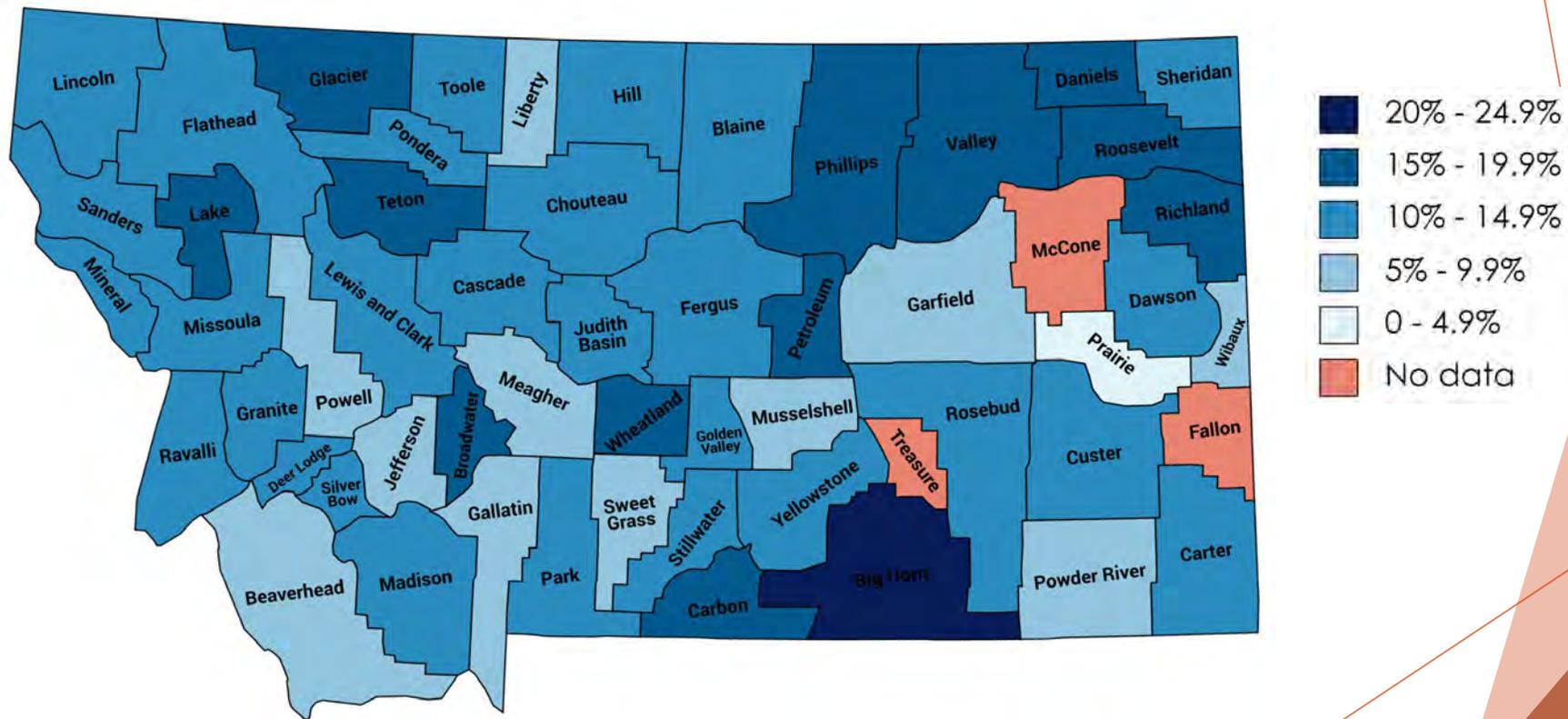
Were trying to lose weight



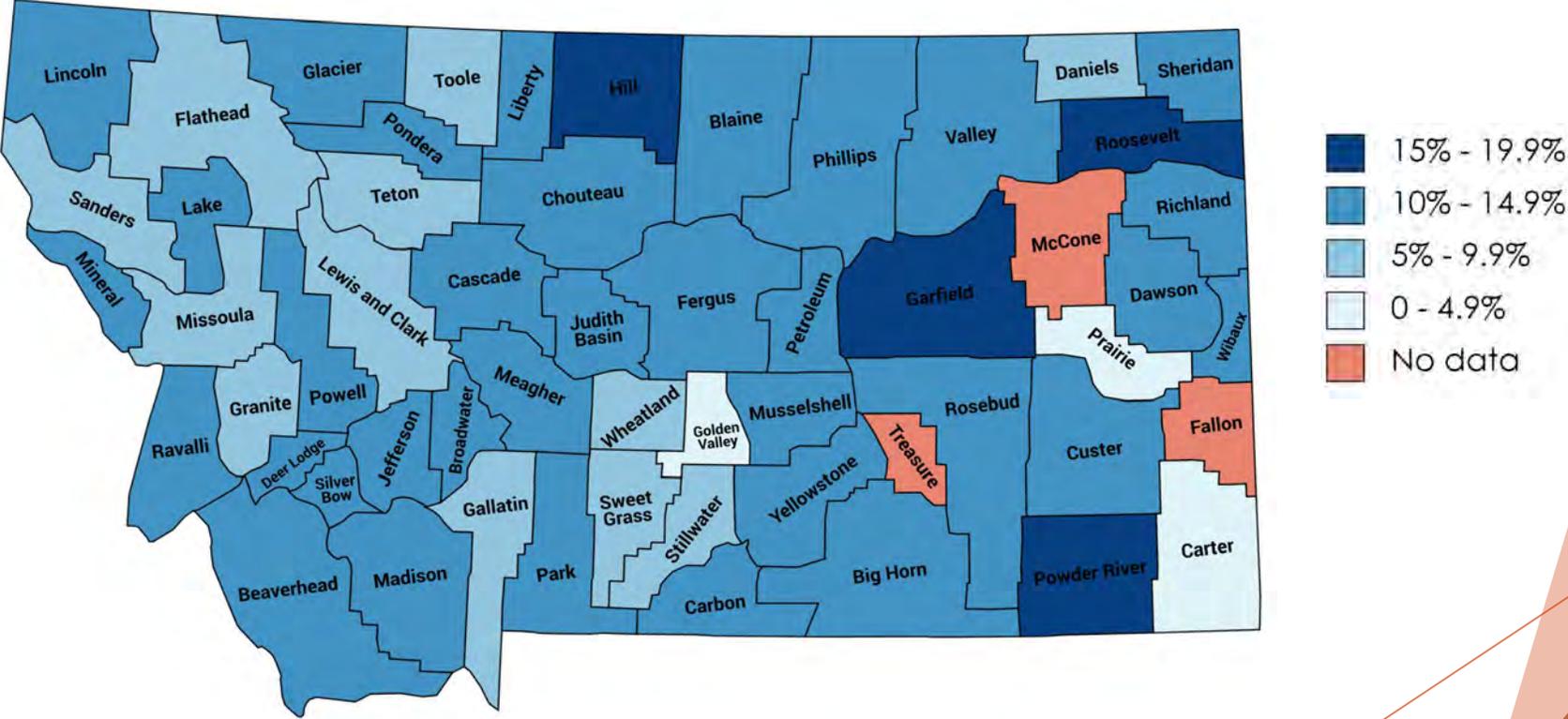
Did not drink 100% fruit juice during the past 7 days (do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)



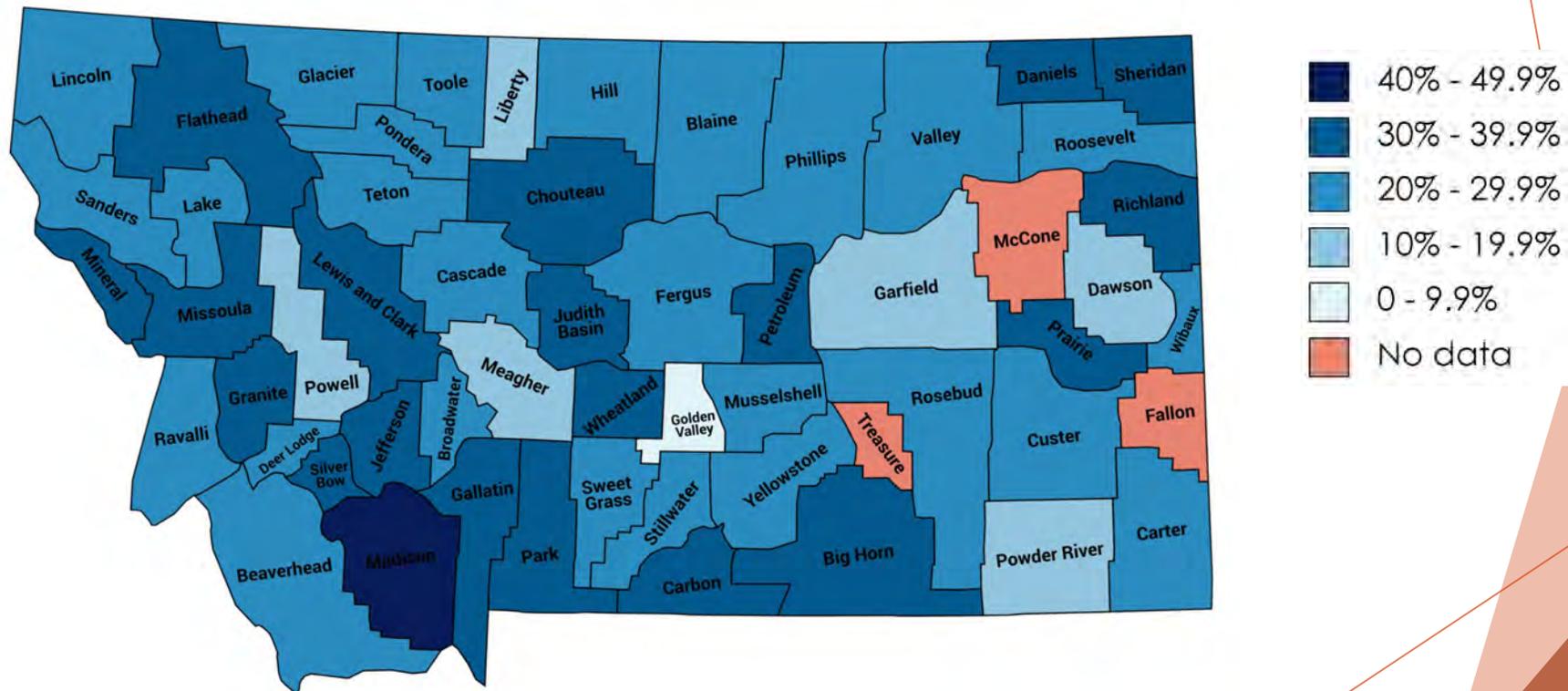
Drank 100% fruit juice one or more times per day, past 7 days



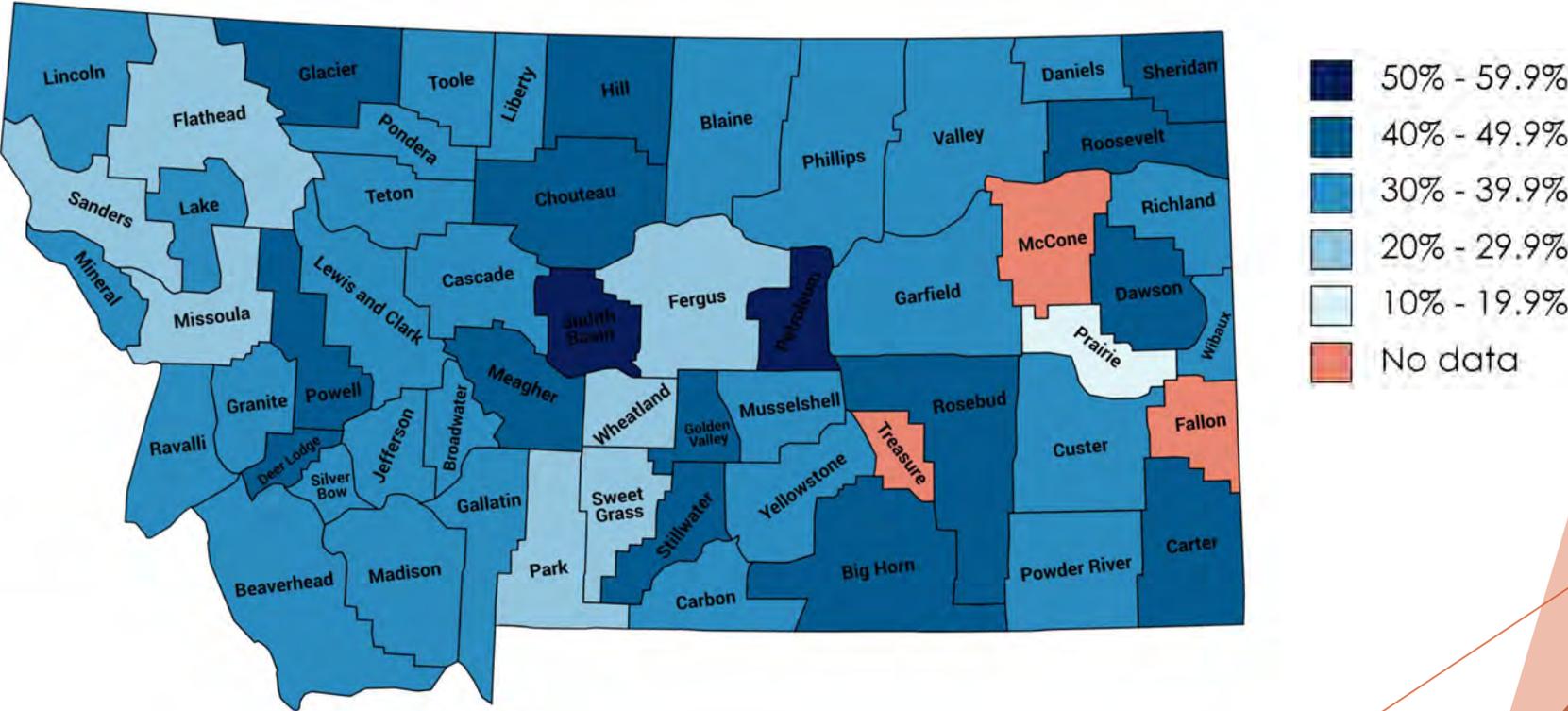
Did not eat fruit on any of the past 7 days



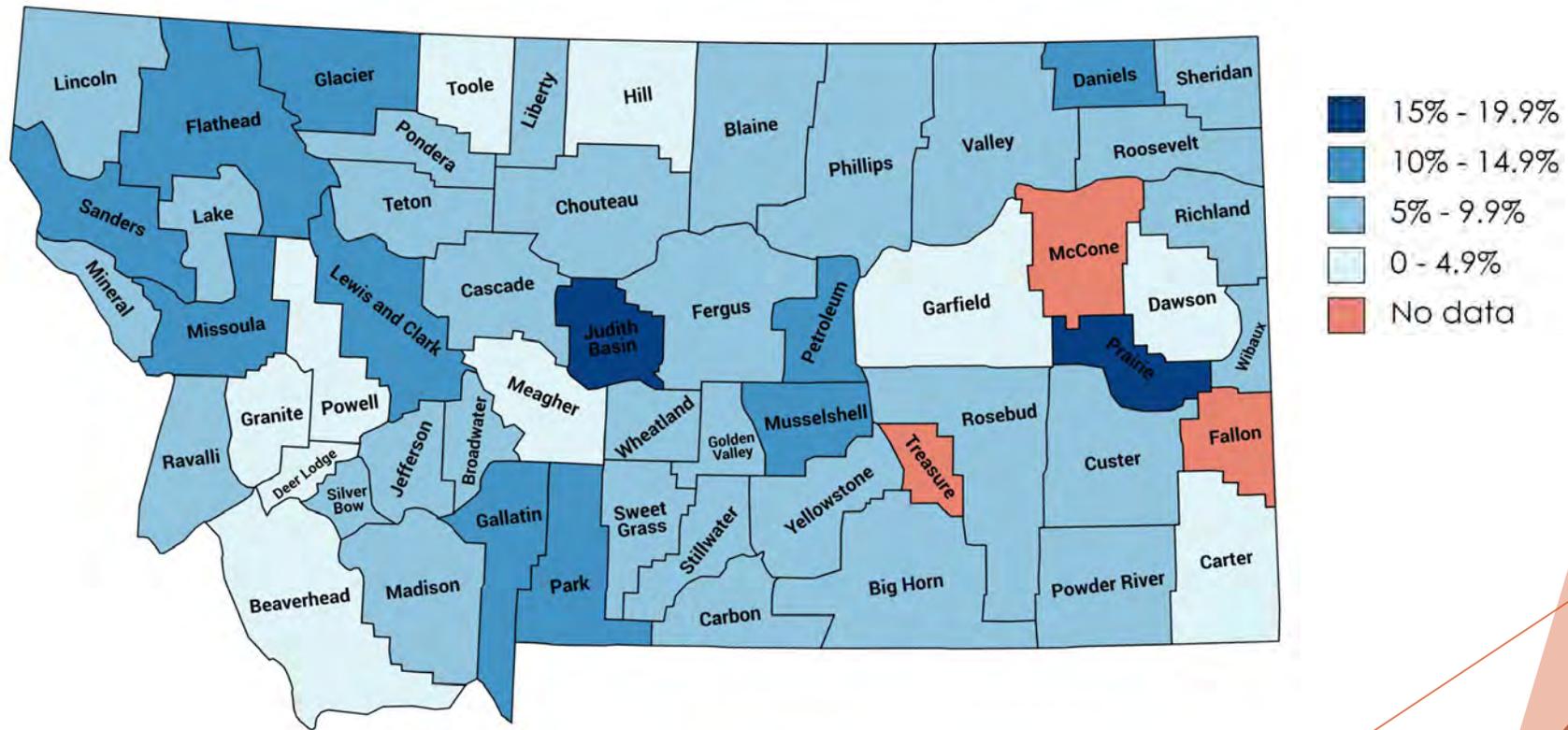
Ate fruit one or more times per day, past 7 days



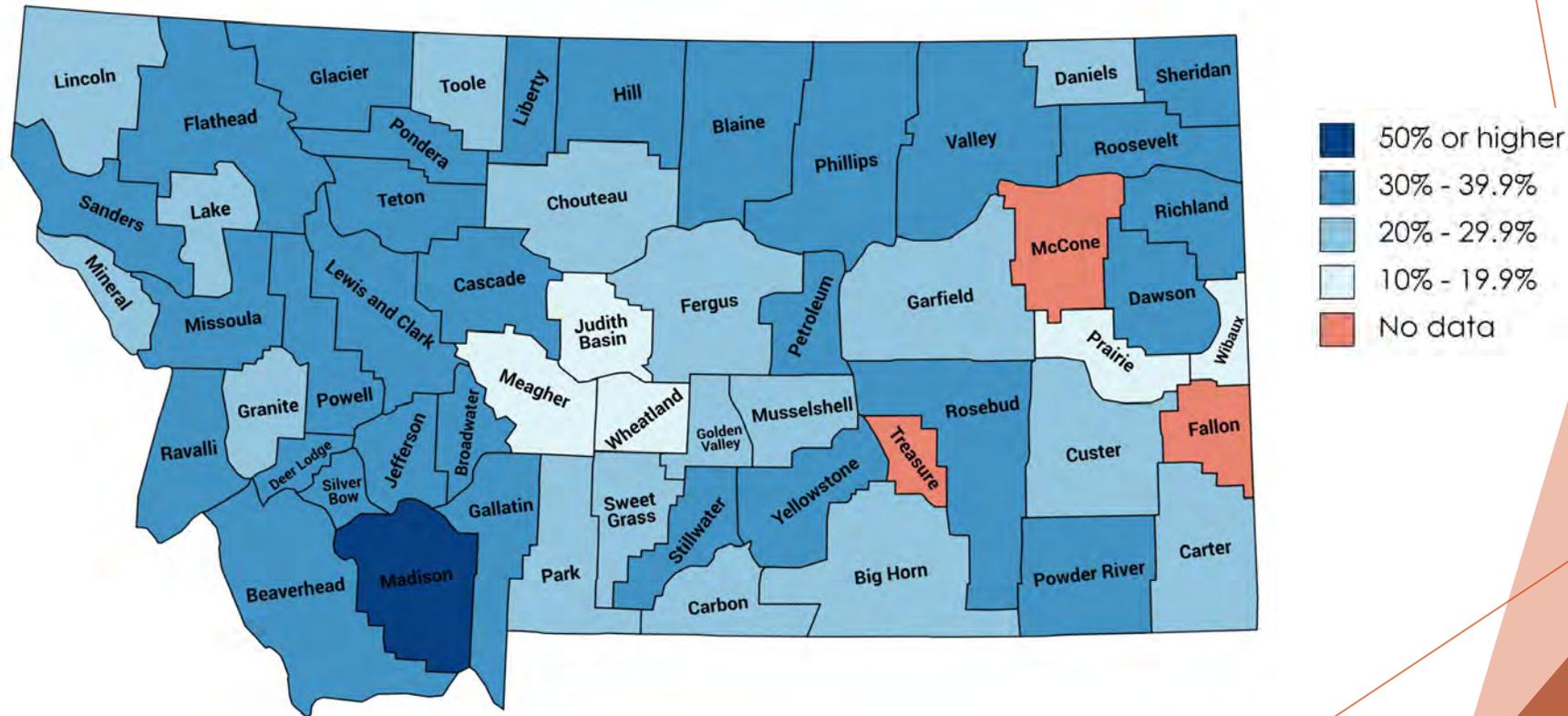
Did not eat a green salad during the past 7 days



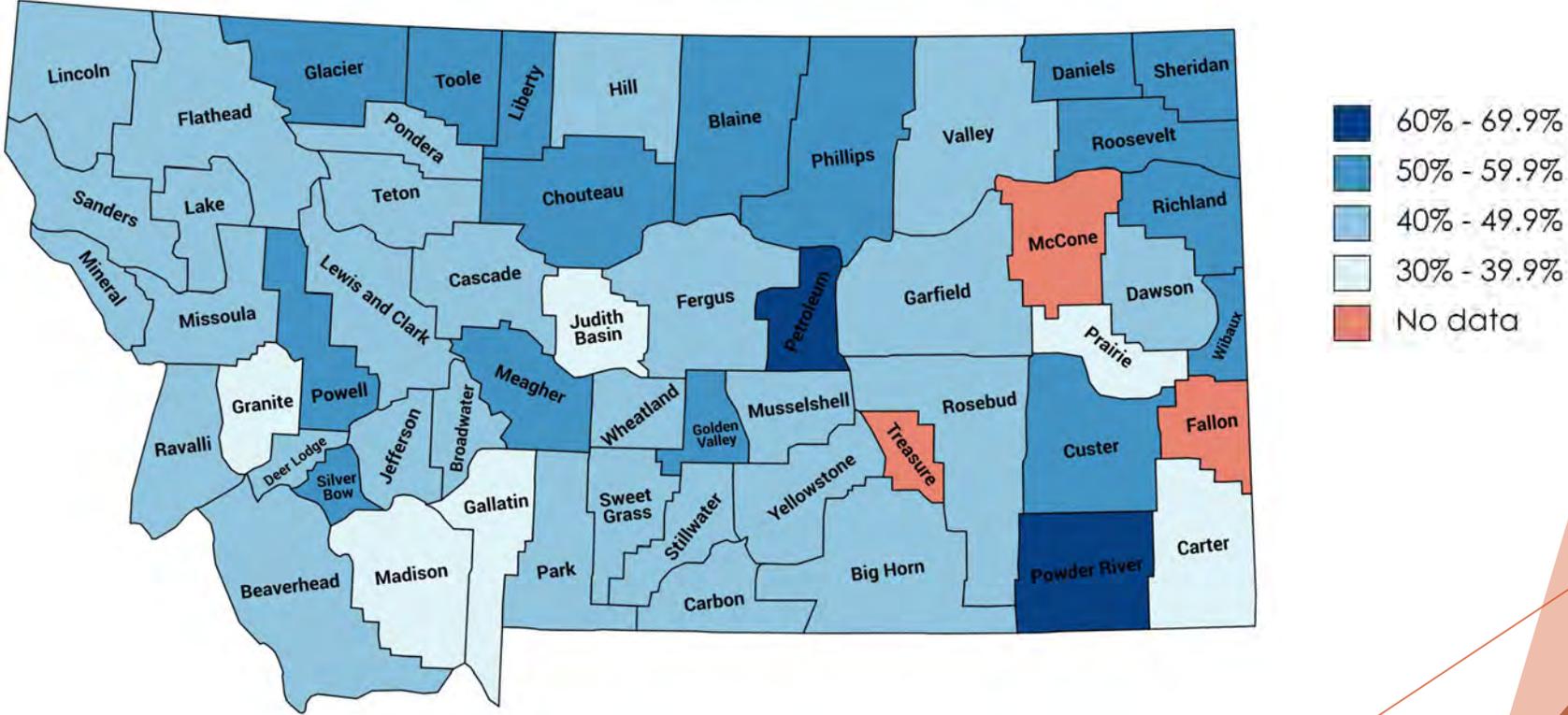
Ate a green salad one or more times per day, past 7 days



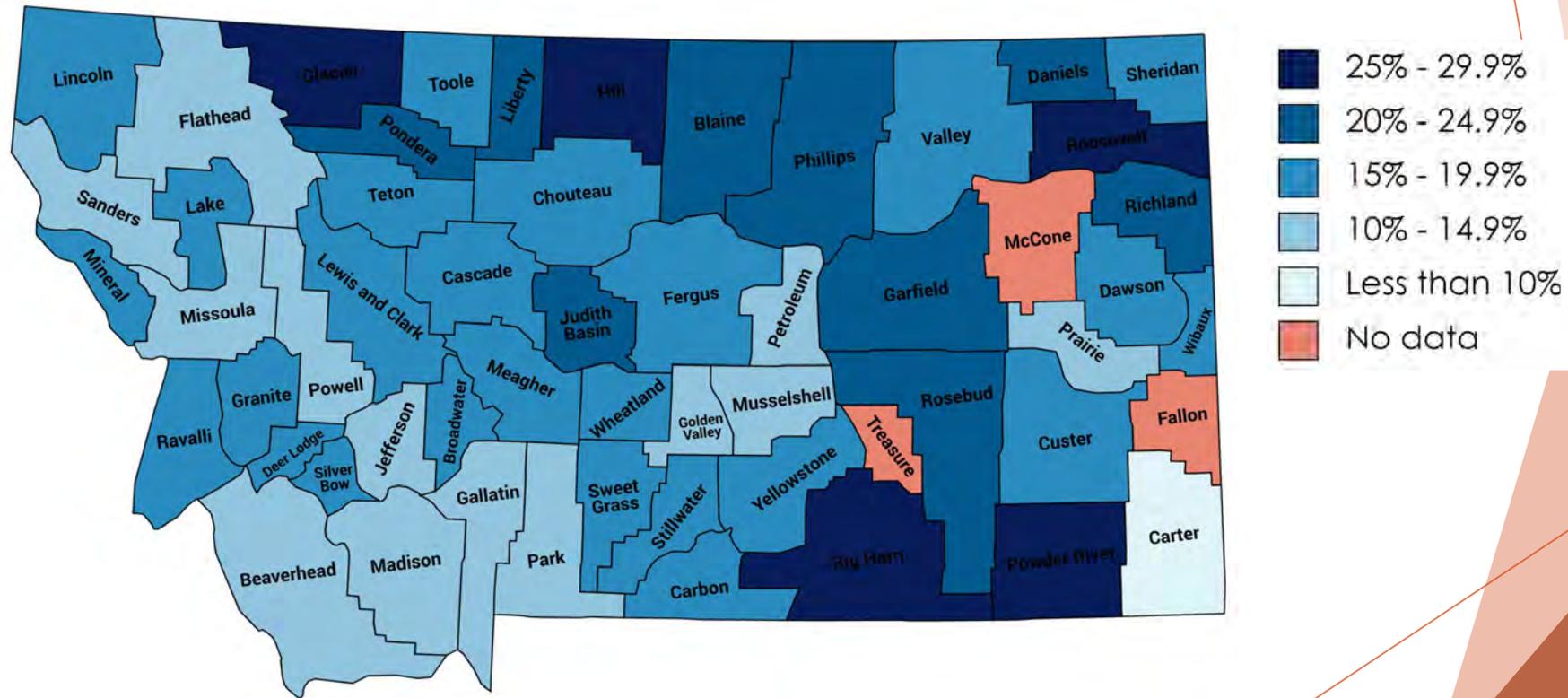
Did not eat potatoes on any of the past 7 days (do not count french fries, fried potatoes, or potato chips.)
 Data skip in the 40-percentile range.



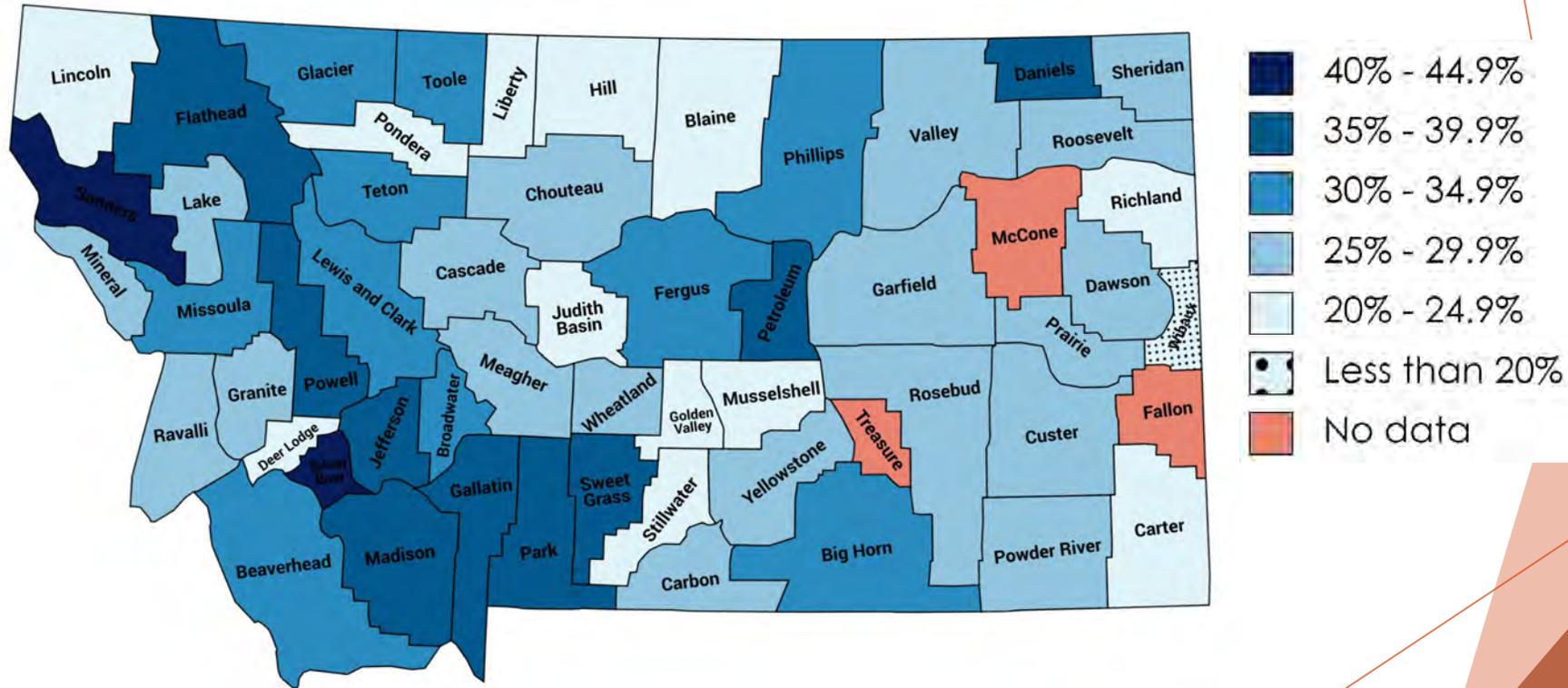
Did not eat carrots during the past 7 days



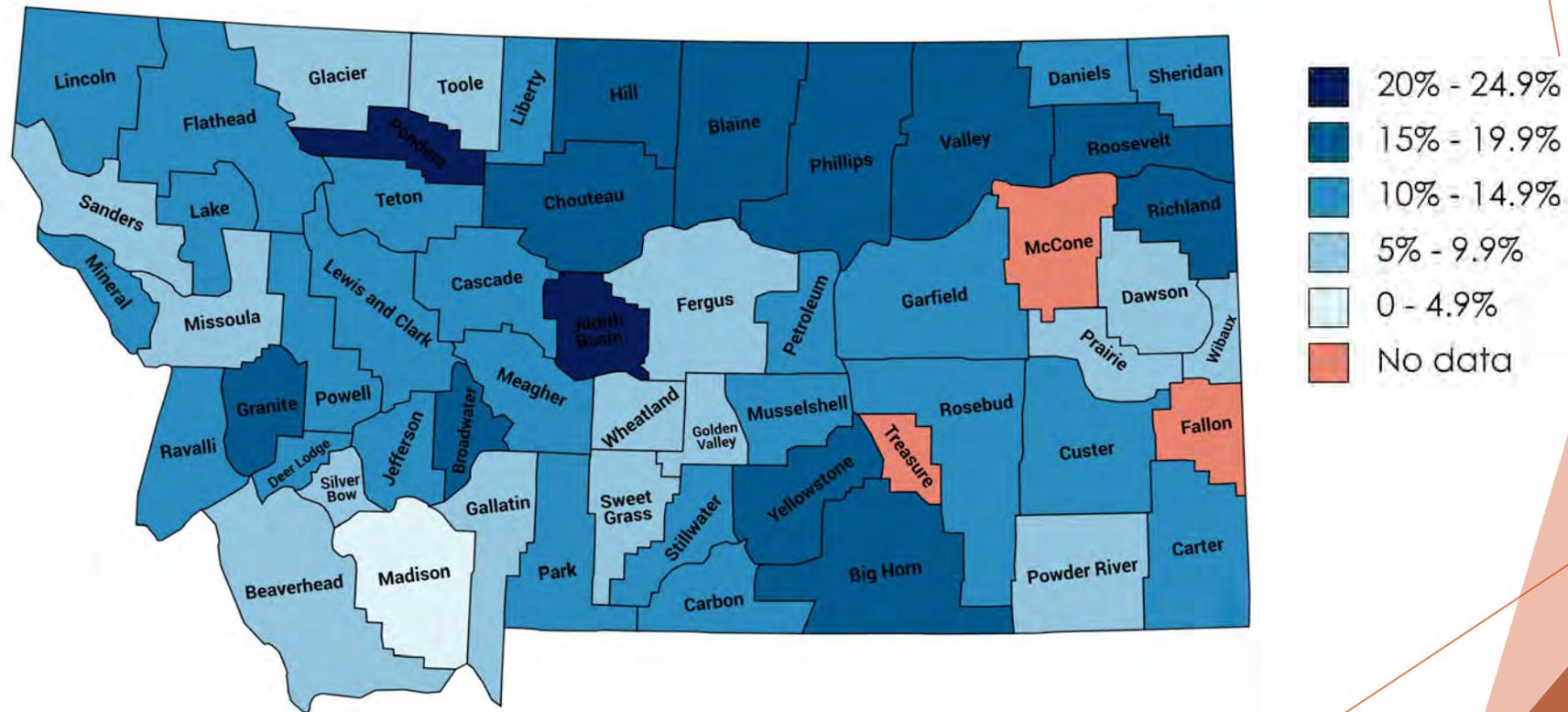
Did not eat other vegetables during the past 7 days (not counting green salad, potatoes, or carrots.)



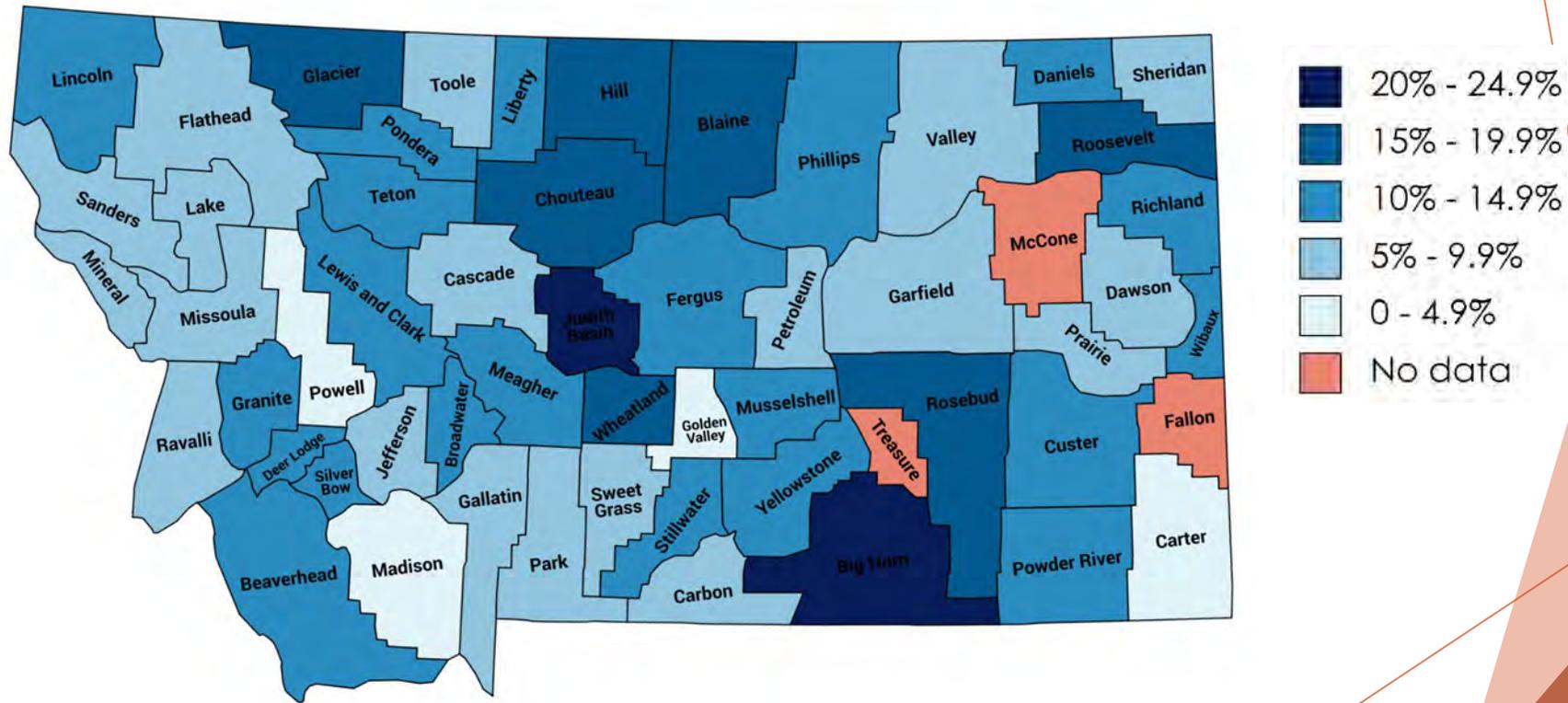
Did not drink a can, bottle, or glass of soda or pop, past 7 days



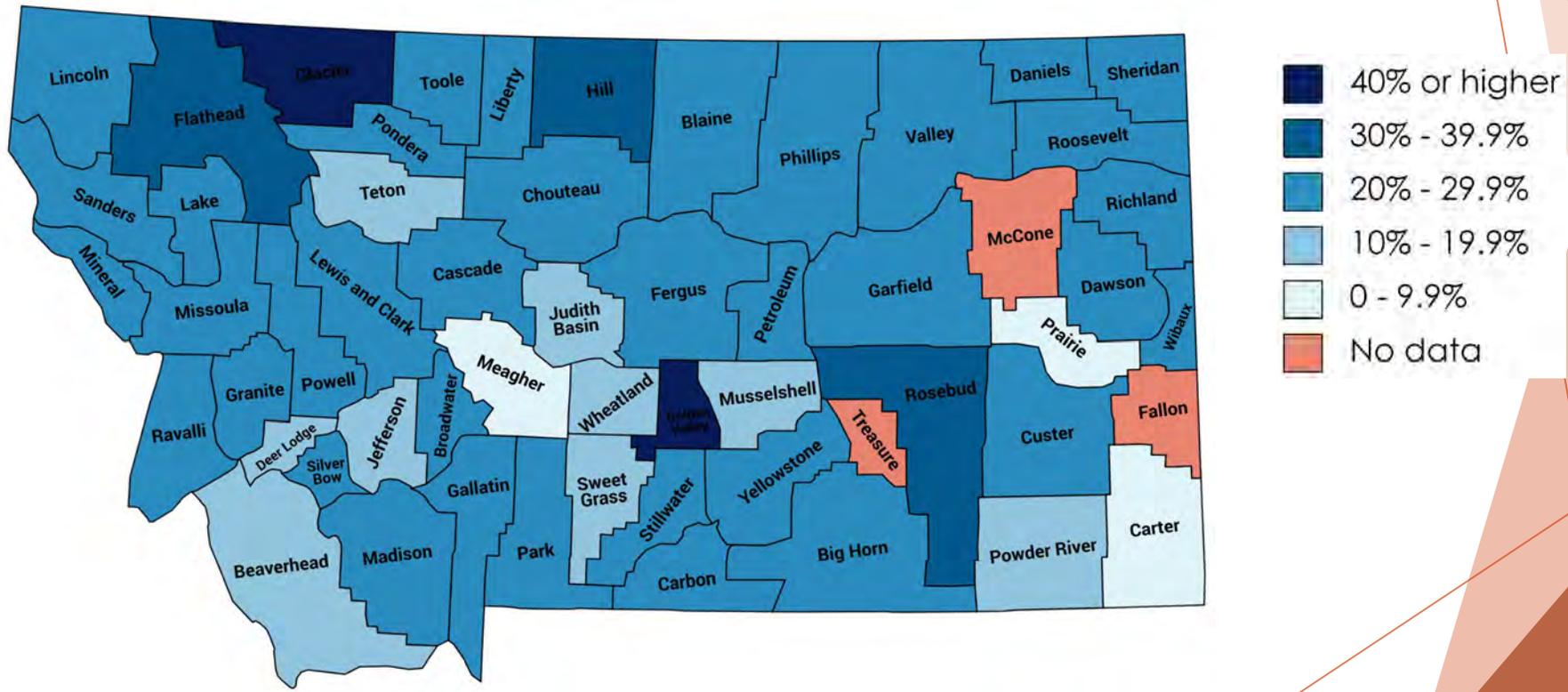
Drank a can, bottle, or glass of soda or pop one or more times per day, past 7 days



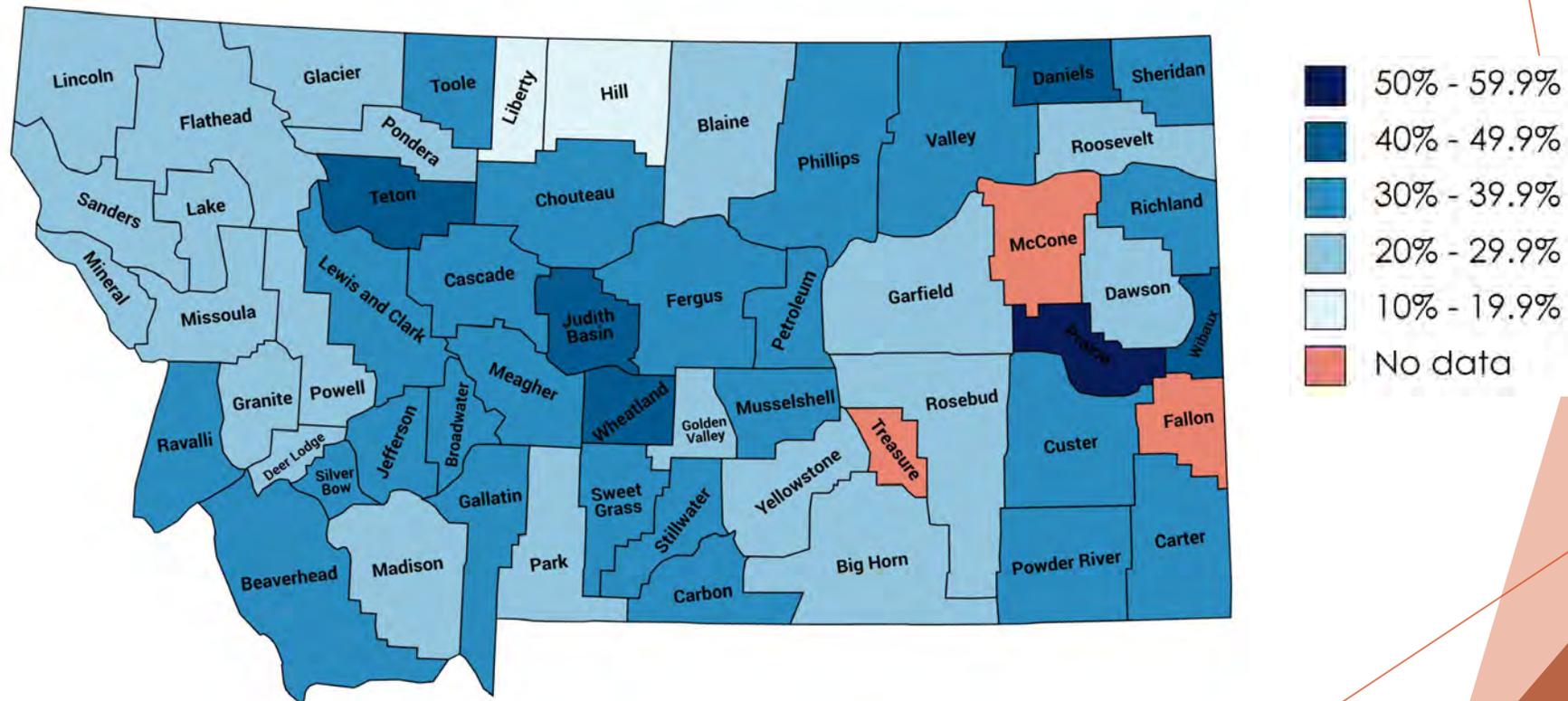
Drank a sports drink such as Gatorade or PowerAde one or more times per day, past 7 days (do not count low-calorie sports drinks such as Propel or G2.)



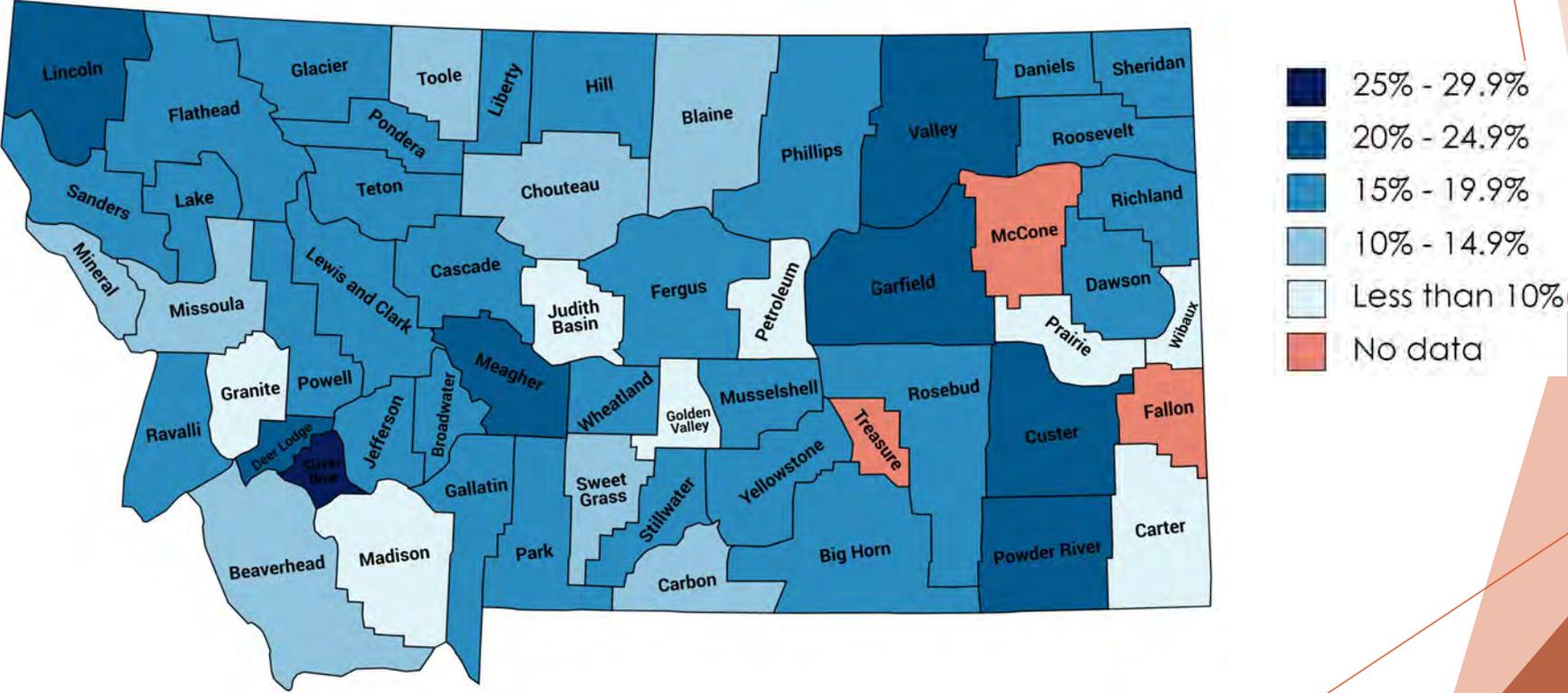
Did not drink milk, past 7 days (count milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)



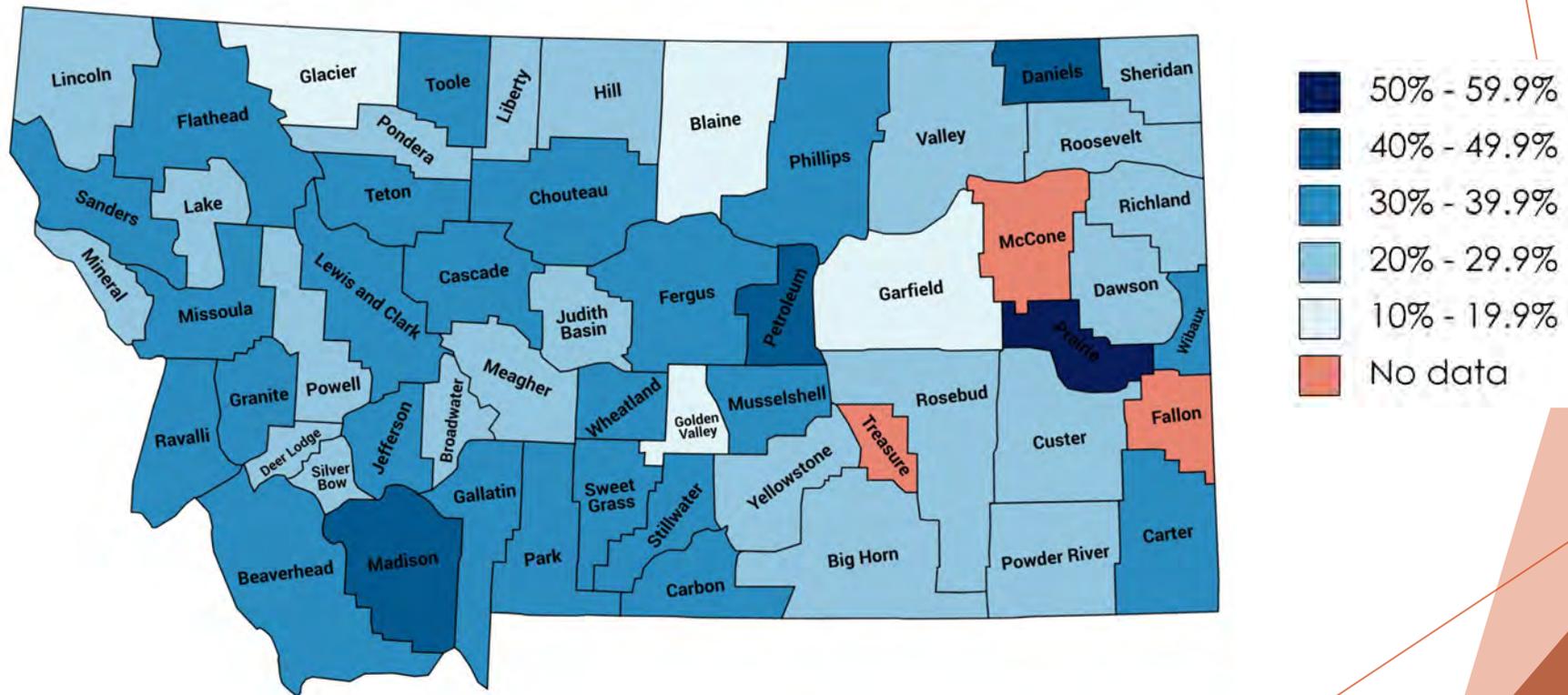
Drank three or more glasses of milk per day, past 7 days



Did not eat breakfast on any of the past 7 days



Ate breakfast on each of the past 7 days



Always or most of the time went hungry because there was not enough food in the home, past 30 days

